Ballet
 Teens & Adults - Mondays - Jan. 15-May 7 (no class Feb. 26 or April 23) All Levels. 7:30-8:30 pm Intermediate/Advanced stay on for 8:30-9 pm - $50/beginner; hour only $25/advanced: 90 minutes - Deirdre Yu
 Learn the fun and sensual dance style of ballet while toning your body. This body-positive workout-style class caters to all pre-professional dance and theatre experiences. All genders welcome!

Capoeira
 Teens - Jan. 15-May 7 (no class Feb. 26 or April 23) $260 - Fabio (Fua) Nascimento
 Brazilian dance form Capoeira is a complex amalgamation of figurative, dancing, singing, drumming, and theatrical fusion. A Brazilian native, this class has been teaching Capoeira internationally for 20 years. Students work within the various rhythms and movement traditions of the art form: gorro and fox motions, attacks and defenses, and dances such as the maculelê, sambo, and form.

Let’s Stretch & Dance!
 Teens & Adults - Open to everyone Tuesdays - March 27-May 8 7:15-8:45 pm - $125 - Kate Whalen
 Do you enjoy dancing to the sound of the Big Band era? Each week, we start with a warm-up focused on stretch and flexibility and then move on to dancing. This workshop is for beginners who want to connect with a family. You will build strength, flexibility, and just plain fun together.

New Youth Dances: Hip-Hop, Jazz, Lyrical
 Grades 3-6 - Thursdays - March 8-May 10 12-1 pm - $260 - Rose Bedard
 Be a part of a class that exemplifies what hip-hop dance is all about: movement, expression, and unity. Over the course of 12 weeks, participants learn hip-hop moves in various styles and choreography. Instructor/choreographer Rose Bedard puts her students’ efforts and talents on stage in the end-of-season showcase.

Quickening the Pulse
 Teens - Thursdays - Jan. 18-May 10 8-9 pm - $260 - Robin Bedard
 This is the Bijoux’s signature All Levels class offered by the Bijoux and roulette Foundation - Rose Bedard
 Easily accessible to beginners and experienced dancers alike for an exploration of hip-hop, jazz, and lyrical dance styles. Students learn and apply various movement techniques through choreography and build community while developing performance skills.

Movement for Parkinson’s
 Teens & Adults - Mondays - Jan. 15-May 7 (no class Feb. 26 or April 23) $260 - Rose Bedard
 Offered for people with Parkinson’s (and caregivers), this class engages both mind and body. Explores stretching, strengthening muscles, postural stability, and rhythm. Class is relaxed and emphasizes enjoyment, fun, creativity, and connection.

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Jazz Fusion All Levels
 Teens & Adults - Thursdays - Jan. 18-May 10 (no class March 1 or April 26) 7:15-8:45 pm - $260 - Rose Bedard
 Jazz Fusion students learn to break or up on the fundamentals of jazz while exploring more variations. Each class consists of a proper jazz warm-up and stretch followed by fun, easy-to-learn combinations that challenge the mind as well as the choreography we show off at the end of semester showcase.

Come dance at the Flynn!
 Dance and movement classes are social, creative, and fun. Join us to advance your overall physical wellbeing, work those creative muscles, and develop your artistic technique. Drop-in welcome in weekly dance classes if space remains—a great way to try it out!
Moth-style Storytelling
Teens & Adults - Tuesdays
Jan. 16 - Feb. 20 (includes attendance at a Moth Slam 6:30 - 7 pm)
$10 - $15
Susanne Schmiedt
What’s your story? In this six-week class, learn the art of live, first-person storytelling. Learn how to structure, edit, and perform your story with a master storyteller and Moth producer and share your work at a live Moth Slam on stage in FlynnSpace. A class field trip to the Moth Story Slam in Burlington takes place on Tuesday, February 13.

Acting & Directing for Performance
Teens & Adults - Thursdays
January 16 - March 29 - 7 - 9 pm
Performance: March 30 - $25
Jen Necrasov
This 10 week course offers back-to-back training in acting and directing. Students choose material, cast actors from the class, and stage their work while gaining practical tools for directors, such as communicating with actors, staging, script analysis, and working in different genres.

EVENING-LENGTH WORKSHOP
Comedy
Play Reading Series
Teens & Adults - Mondays - Jan. 29 & March 26 - 7 - 9 pm - Free and open to the public - Craig Mar parach
The Community Play Reading Series is an entry point for conversation that face our community. The Flynn, theater artists, and the greater community of Burlington come together to read a play and engage in conversations surrounding the material. Without any rehearsal, all participants experience the play through an immersive and active reading. Open to all. See website for event details.

The Flynn Presents:
Jazz Combinations
Winter/Spring Semester
2023-24
January 1 - May 28
466-3450
Diane Reeves
The Flynn Arts presents a new series of weekly Wednesday night concerts from January 1 - May 28, 2023. Each week features a different artist/group and includes works by world-renowned, award-winning performers, new talent, and local performers.

SHOW CHOIRS
Show Choir focuses on the synthesis of skills in dance, voice, and acting while inspiring students to reach their highest potential in musical theater.

INTERDISCIPLINARY WORKSHOP
IMAGINARY.
Co-presented by FlynnArts and Middlebury College with renowned local and guest artists.


to pair with Improvisation Lab and Looking Deeper for a full weekend of improvising. These intensives support and strengthen the improvisational skills of a community of advanced improvisors.