



MULTI-WEEK CLASSES

		M	T	W	TH	F	S	SU	Weeks
Young Children	Sprouts! Youth Theater			●					12
	Music Together	●							10
Kids	Youth Dances: Hip-Hop, Jazz, Lyrical				●				9
	All-Stars! Youth Theater				●				12
	Juniors! Youth Theater				●				12
	Youth Saturday Sing!							●	6
Teens	Teen Voices		●						6
	Youth Saturday Sing!						●		6
	Show Choirs						●		15
Teens & Adults	Ballet	●							15
	Let's Stretch & Dance!		●						6
	Tap Levels I & II			●					15
	Hip-Hop: All Levels				●				15
	Jazz Fusion: All Levels				●				15
	Jazz Youth/Adult Combos		●						12
	Moth-style Storytelling		●						6
	Acting & Directing for Performance				●				10
Mix-Mastering with DJ mITCHELL							●	9	
Adults	Burlesque Toning & Technique	●							15
	Capoeira	●							15
	Creative Moving for Wellness	●							15
	Acro-Yoga Levels I & II							●	12
	Movement for Parkinson's			●					15
	Adult Saturday Sing!						●		6
Jazz Adult Combos			●					12	
One-day Family Classes	Sensory-Friendly Drumming							●	
	Acro Yoga for Families							●	

Winter Spring 2018

Burlesque Toning & Technique
 Ages 18+ • Mondays • Jan. 15-May 7 (no class Feb. 26 or Apr. 23)
 All Levels: 7:30-8:30 pm; Intermediate/Advanced stay on for 8:30-9 pm • \$150/beginner: hour only; \$225/advanced: 90 minutes • Doctor Vu
 Learn the fun and sensual dance style of burlesque while toning your body. This body-positive workout-style class caters to all previous dance and fitness experiences. All genders welcome!

Ballet
 Teens & Adults • Mondays • Jan. 15-May 7 (no class Feb. 26 or April 23)
 All Levels: 5:30-6:30 pm; Beginners welcome to stay until 6:45 for individual support • \$150 • Elizabeth Brody
 Develop an elegantly postured body with our adult ballet classes. Ballet reshapes body lines, tones muscles, and improves balance, strength, grace, and physical coordination. Whether you are a beginner or maintaining your technique, join us for the social benefits of participating in a group class as well as for individual growth.

Capoeira
 Adults • Mondays • Jan. 15-May 7 (no class Feb. 26 or April 23) • 6-8 pm
 \$260 • Fabio (Fua) Nascimento
 Brazilian dance form Capoeira is a complex amalgamation of fighting, dancing, singing, drumming, and ritual. Fua Nascimento, a Brazilian native, has been teaching capoeira internationally for 20 years. Students work within the various rhythmic and movement traditions of the art form: ginga and its variations, attacks and defenses, and dances such as the maculelê, samba, and forró.

NEW Creative Moving for Wellness
 Older Adults • Mondays
 Jan. 15- May 7 (no class Feb. 26 or April 23) • 12-1 pm • \$185
 Sara McMahon
 This class is specifically designed for people who wish to continue moving dynamically as the body adapts to mobility challenges. Movers are encouraged to participate at their own rate and pace of time and adapt movements to meet their own need/ability.

Come dance at the Flynn! Dance and movement classes are social, creative, and fun. Join us to advance your overall physical wellbeing, work those creative muscles, and develop your artistic technique. Drop-ins welcome in weekly dance classes if space remains—a great way to try it out!



dance

Acro-Yoga Levels I & II
 Adults • Sundays • Feb. 3-May 5 (no class Feb. 25 or April 22) • \$185
 Jeffrey Mandell & Lori Flower
 Level I: 3-4:30 pm
 Level II: 4:45-6:15 pm
 Acro-Yoga is a mix of partner acrobatics, Thai massage, and play. Working in partnerships of two, three, or more, students build trust, communication, connection, flexibility, and strength. No partners needed. Performance opportunity on the Flynn MainStage at conclusion of course.

Let's Stretch & Dance!
 Teens & Adults • Open to everyone
 Tuesdays • March 27-May 8 (no class April 24) • 6-7 pm • \$75 • Paula Higa
 Do you enjoy dancing to the sound of the Big Band era? Each week, we start with a warm-up focused on stretch and flexibility and then move on to dancing.

Movement for Parkinson's
 Adults • Wednesdays • Jan. 17-May 9 (no class Feb. 28 or April 25) • 10-11:30 am
FREE— supported by the *Surdna and Ford Foundations* • Sara McMahon
 Offered for people with Parkinson's (and caregivers), this class engages both mind and body. Explore stretching, strengthening muscles, postural stability, and rhythm. Class is relaxed and emphasizes enjoyment, fun, creativity, and connection.

Hip-Hop All Levels
 Teens & Adults • Thursdays
 Jan. 18-May 10 (no class March 1 or April 26) • 5:30-7 pm
 \$260 • Rose Bedard
 Be a part of a class that exemplifies what hip-hop dance is all about: expression, movement, and unity. Over the course of 12 weeks, participants learn hip-hop moves in various styles and choreography. Instructor/choreographer Rose Bedard puts her students' efforts and talents on stage in the end-of-semester showcase.

Jazz Fusion All Levels
 Teens & Adults • Thursdays • Jan. 18-May 10 (no class March 1 or April 26)
 7:15-8:45 pm • \$260 • Rose Bedard
 Jazz Fusion students learn or brush up on the fundamentals of jazz while exploring its many variations. Each class consists of a proper jazz warm-up and stretch followed by fun, easy-to-learn combinations that sharpen the mind as well as the choreography we show off at the end of semester showcase.

NEW Acro-yoga for Families
 Families with children ages 7+
 Sundays • April 8 & May 13 • 2-3 pm
 \$25 • Jeff Mandell & Lori Flower
 This workshop is for beginners who want to connect as a family. You will build strength, flexibility, and just plain have fun together.

NEW Youth Dances: Hip-Hop, Jazz, Lyrical
 Grades 3-5 • Thursdays • March 8-May 10 (no class April 26) • 4-5 pm • \$125
 Rose Bedard
 A new dance class for upper elementary age students, this class welcomes beginners and experienced young dancers alike for an exploration of hip-hop, jazz, and lyrical dance. Students learn song lyrics through choreography and build community while developing performance skills.

Tap Levels I & II
 Teens & Adults • Wednesday
 Jan. 17-May 9 (no class Feb. 28 or April 25) • \$185 • Kate Whalen
 Level 1: 5:30-6:30 pm
 Level 2: 6:45-7:45 pm
 Tap is an exciting and challenging art form that developed out of African polyrhythms in America's Jazz Age. We teach a combination of rhythm tap as well as elements of classic and Broadway-style tap. Level II tackles more complex rhythms and choreography. Tap shoes required. To request a subsidy, contact flynnarts@flynncenter.org.

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FLYNNCENTER
 PERFORMING ARTS

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everybody belongs

Our classes are for all ages and abilities.
 They are joyfully social, offering a diversity of art forms from the classic to the cutting edge. Classes range from options that meet beginners' needs to opportunities for regular artistic practitioners to maintain their chops. We design our classes to increase Vermonters' choices for participation in the performing arts. We invite you to join us. Develop your creativity, meet new folks, learn new artistic skills, and build community.



theater

Moth-style Storytelling

Teens & Adults • Tuesdays

Jan. 16-Feb. 20 (includes attendance at a Moth Slam) 5:30-7 pm

Moth-style Slam on Feb. 20 • \$150
Susanne Schmidt

What's your story? In this six-week class, learn the art of live, first-person storytelling. Learn how to structure, edit, and perform your own story with a master storyteller and Moth producer and share your work at a live Story Slam on stage in FlynnSpace. A class field trip to the Moth Story Slam in Burlington takes place on Tuesday, February 13.

Acting & Directing for Performance

Teens & Adults • Thursdays

January 18-March 29 • 7-9 pm

Performance: March 10 • \$260
Jena Necrason

This 10-week course offers back-to-back training in acting and directing. Students choose material, cast actors from the class, and stage their work while gaining practical tools for directors, such as communicating with actors, staging, script analysis, and working in different genres.

Cultivate your on-stage confidence and skills as experienced teaching artists help unleash your inner actor. Most programs culminate with a live showcase of your work on one of our stages.

EVENING-LENGTH WORKSHOP

Community Play Reading Series

Teens & Adults • Mondays • Jan. 29 & March 19 • 6-8 pm • Free and open to the public • Craig Maravich

The Community Play Reading Series is an entry-point for conversations that face our community. The Flynn, theater artists, and the greater community of Burlington come together to read a play and engage in conversations surrounding the material. Without any rehearsal, all participants experience the play through an immersive and active reading. Open to all. See website for event details.

THE FLYNN YOUTH THEATER COMPANIES

celebrate the talents of theater-loving young people from around the state. Working weekly toward performances in FlynnSpace, companies rehearse a selected play to be presented to an audience of family and friends at semester's end.

Jan. 22-May 7 • \$225 for all

Placement sessions for grades 2-8 are Jan. 13. Students may be placed as follows: grade 2 in Sprouts or Juniors; grades 3-4 in Juniors only; grades 5-6 in Juniors or All-Stars; and grades 7-8 in All-Stars only. No preparation necessary for class placement sessions: they are fun and low-stress, full of laughter and theater games. Performance date is May 26 in FlynnSpace.

All-Stars!

Grades 5-8 • Tuesdays • Jan. 29-May 1
3:30-5:15 pm • Amy Riley

Juniors!

Grades 2-6 • Thursdays • Jan. 31-May 3
3:45-5:15 pm • Amy Riley

Sprouts!

PreK-Grade 2 • Wednesdays • Jan. 30-May 2
3:45-5 pm • Emily Benway



music

THE FLYNN'S VOCAL & INSTRUMENTAL PROGRAMS

are designed to foster community, build skills and confident expression, and celebrate the joy of music-making. Workshops and ensembles for adults and older youth deepen musical knowledge and performance skills while introducing new friends. New opportunities to develop your creative voice and pursue your love of music include a new DJ class for college age and adult students, as well as a poetry and music mash-up class for teens.

NEW

Teen Voices: Music & Words Mash-up

Teens • Tuesdays • March 13-April 17

\$75 • Rainii Eddins & Randal Pierce

The Flynn is thrilled to collaborate with the Young Writers Project in this new class that blends online participation with weekly sessions. Teens create and develop musical spoken word pieces, exploring their imagination through a series of writing prompts. All teens (ages 13-19)—including beginners—are welcome and perform for the public at a date to be determined.

Adult Saturday Sing!

Adults • Saturdays • March 25-May 6

9-10 am • \$75 • Stacy Chadwell

Join us for six weeks of singing for the joy of it on Saturday mornings. Musical selections range from fun, upbeat pop songs to classic favorites.

Youth Saturday Sing!

Grades 4-12 • Saturdays • March 25-

May 6 • 10:15-11:15 am • \$75

Stacy Chadwell

Whether you sing at school or in the community already, want to try singing for the fun of it, or are looking to build your skills for future auditions, join us for a six-week intensive culminating in a community sharing.

Music Together

Caregivers and children 0-5

Mondays • 10-11 am

Winter Session: Jan. 15-March 19

Spring Session: March 26-June 4

\$155 • Alison Mott

Join Alison in singing, dancing, playing drums, bells, shakers and triangles. Children learn from parents/caregivers who actively model enthusiastic participation. Join a community of families sharing songs, instrument play, rhythm chants, and movement activities in a relaxed, playful, non-performance-oriented setting.

FAMILY WORKSHOP

Sensory-Friendly Drumming

Co-presented by VSA Vermont

Families with children of any age

with Autism Spectrum Disorder

Sundays • Feb. 11 & March 25

FREE—supported by the Surdna, Buffum

and Ford Foundations • Rebecca Mack

Fun and inclusive drumming workshop

for families with a child or adult on the autism spectrum. Classes use sensory-friendly drums and percussion instruments and relaxed expectations.

Jazz Music

Youth & Adult Combos

Play and sing in small combos under the

tutelage of a working professional.

Students develop individual styles while

learning an essential repertoire.

Development is enriched by public

performances in FlynnSpace and at the

Discover Jazz Festival. Placement session

for all new members: January 9.

Jan. 22 – April 30 (no classes the weeks

of Feb. 26 and April 23) For all: \$225

(includes tickets to Dianne Reeves

on Feb. 16)

Youth/Adult Combos

Tuesdays

5:20-6:50 pm • Shane Hardiman

7-8:45 pm • Tom Cleary

Adult Combos

Wednesdays

5:45-7:15 pm • Andrew Moroz

7:30-9 pm • Andrew Moroz



The FlynnArts Winter/Spring Semester

runs from January to May. Vacation weeks (no classes) the weeks of February 26 and April 23. Classes vary in length. See individual listings for each class schedule.

Register early to guarantee a spot.

Members may register Tuesday,

November 28; open registration

starts Friday, Dec. 1.

All classes held at FlynnArts studios unless otherwise noted.

Each multiweek class

culminates in a FlynnArts Community

Showcase performed at the Flynn

on the MainStage or FlynnSpace.

Family, friends, neighbors, coworkers,

and the community at large

come out to cheer us on

and participate in the joy

of live performance.

May 15 - All Dance Classes

May 24, 25 - Show Choir

May 26 - Jazz Combos,

Flynn Youth Theater

Company

SHOW CHOIRS

Show Choir focuses on the synthesis of skills in dance, voice, and acting while inspiring students to reach their highest potential in musical theater.

Saturdays • Jan. 20-May 5 • \$325 for all

Auditions are held on January 13.

Audition information, including sheet music,

are online at www.flynnarts.org.

Performance dates are May 24 & 25.

Juniors

11 am-12:45 pm* Grades 4-7

Mixed Voice Teens

12:45-3:30 pm* Grades 6-12

Treble Voice Teens

11:15 am-1:45 pm* Grades 6-12

Selects

1:45-4:30 pm* Grades 8-12

* Times subject to change



youth theater company

weekends

WEEKEND WORKSHOPS

Improvisation Lab and Looking Deeper

provide two weekends of training at

Middlebury College with renowned local and

guest artists. Saturday is for all skill levels;

Sunday is for advanced improvisers.

Improvisation Laboratories

Co-presented by Middlebury College's Dance

Department Adults (college students

encouraged) • Saturdays • 12-4 pm

March 17: Hannah Dennison; May 12:

Lida Winfield • \$70 for both Saturdays or

\$40 for one. \$70 to pair with Looking

Deeper for a full weekend of improvising.

These intensives focus on improvisation skills and

relationships to the self, others, and the elements

of space and time. All experience levels welcome.

Looking Deeper

Co-presented by Middlebury College's Dance

Department Adults (college students

encouraged) • Sundays • 12-4 pm

March 18: Penny Campbell; May 13: Susan

Sgorbati • \$70 for both Sundays or \$40 for

one. \$70 to pair with Improvisation

Laboratory for a full weekend of training.

These intensives support and strengthen the

improvisational skills of a community of advanced

improvisers/contemporary dance-makers.

INTERDISCIPLINARY WORKSHOP

IMAGINARY

Adults & Teens 16+ • Saturday

Feb. 24 • 4-5:30 pm • FlynnSpace

\$25 • Lida Winfield

This workshop focuses on using our

bodies, voices, drawings, and stories to

explore the imagination. In this playful,

accessible, and poignant workshop,

participants explore their own

imagination and perceptions while

learning how Lida Winfield and her

collaborators made their new dance/

theater performance, *IMAGINARY*.

Questions?

Call 802-652-4537 or email

flynnarts@flynncenter.org

Everybody Belongs

To apply for a partial or full

scholarship or a payment plan,

call 802-652-4537 or email

flynnarts@flynncenter.org.